

# UPCOMING EVENTS

✓ All events will take place at the Alzheimer's Alliance Annex, 201 Winchester, unless otherwise noted.

✓ There is additional parking at the former location of Discount Tire, located at Broadway and Winchester as well as at our main office located at 211 Winchester.



## February

### Friday, February 14th | 12:00 PM - 1:00 PM | For Men Only Support Group

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

### Wednesday, February 19th | 7:30 AM - 2:30 PM | TJC Dementia Care Certification - TJC West Campus

Tuition required with scholarships available.

### Friday, February 21st | 11:30 AM - 1:00 PM | Law School Lunch

This seminar is being presented by Ross & Shoalmire. Contact Ross & Shoalmire at 903-561-5653 to reserve a spot. Lunch is provided.

### Tuesday, February 25th | 10:30 AM - 12:00 PM | A Time to Talk

Feelings, stress & pleasant things. Facilitated by Kathy McCabe.

### Friday, February 28th | 11:30 AM - 1:00 PM | Caregiver Workshop

Paranoid delusional thinking, making up stories/fabrication, swearing, cursing, sex talk, racial slurs and ugly words; Making 911 calls; Refusing help & care. Facilitated by Luanne Harms, LCSW. Lunch is provided.

## March

### Wednesday, March 11th | 11:30 AM - 1:00 PM | Taking Charge of Your Brain Health

Facilitated by Luanne Harms, LCSW

### Friday, March 13th | 12:00 PM - 1:00 PM | For Men Only Support Group

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

### Tuesday, March 31st | 10:30 AM - 12:00 PM | A Time to Talk

Feelings, stress & pleasant things. Facilitated by Kathy McCabe.

## April

### Friday, April 3rd | 9:00 AM - 4:00 PM | Virtual Dementia Tour

Virtual Dementia Tour is a hands-on, experiential program created for families, organizations and companies seeking to better understand the physical and mental challenges of those with dementia. The total experience takes approximately 30 minutes. Virtual Dementia Tour is facilitated by Tanya Dixon, CHW. Registration is required.

### Friday, April 10th | 12:00 PM - 1:00 PM | For Men Only Support Group

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

**To register for events, please contact the Alzheimer's Alliance office.**

## April, continued

**Wednesday, April 22nd | 9:00 AM - 4:30 PM | Navigating the Journey Caregiver Conference - Rose Garden**

## May

**Friday, May 8th | 12:00 PM - 1:00 PM | For Men Only Support Group**

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

**Friday, May 15th | 11:30 AM - 1:00 PM | Caregiver Workshop**

It's All in the Approach. Facilitated by Luanne Harms, LCSW. Lunch is provided.

**Wednesday, May 20th | 7:30 AM - 2:30 PM | TJC Dementia Care Certification - TJC West Campus**

Tuition required with scholarships available.

**Tuesday, May 26th | 10:30 AM - 12:00 PM | A Time to Talk**

Feelings, stress & pleasant things. Facilitated by Kathy McCabe.

**Wednesday, May 27th | 11:30 AM - 1:00 PM | Law School Lunch**

This seminar is being presented by Ross & Shoalmire. Contact Ross & Shoalmire at 903-561-5653 to reserve a spot. Lunch is provided.

## June

**Friday, June 12th | 12:00 PM - 1:00 PM | For Men Only Support Group**

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

**Friday, June 19th | 10:30 AM - 1:00 PM | Normal vs. Not Normal Aging**

Understanding and recognizing the difference between "normal" signs of aging vs. "not normal" aging related to various cognitive functions. Facilitated by Luanne Harms, LCSW with co-speaker Don Kent. Lunch is provided.

**Tuesday, June 30th | 10:30 AM - 12:00 PM | A Time to Talk**

Feelings, stress & pleasant things. Facilitated by Kathy McCabe.

## July

**Friday, July 10th | 12:00 PM - 1:00 PM | For Men Only Support Group**

This is open to current, former or potential male caregivers as well as male friends of caregivers. Lunch is provided.

**Friday, July 24th | 11:30 AM - 1:00 PM | Caregiver Workshop**

Meeting and recognizing unmet needs, challenging behaviors and other dementia care strategies. Facilitated by Luanne Harms, LCSW. Lunch is provided.

**Tuesday, July 28th | 10:30 AM - 12:00 PM | A Time to Talk**

Feelings, Stress & Pleasant Things. Facilitated by Kathy McCabe.

**To register for events, please contact the Alzheimer's Alliance office.**